

Grandparents



It is part of our culture for our kids to be with our relatives. It gives them the opportunity to learn, to know, to understand and to identify themselves.

Grandparents are very important people in our lives. They are our teachers. They give us love, support and security when we need it.

Grandparents have had a lot of experiences and often are very wise. Their opinions and advice can be useful. Grandparents often are able to do for their grandkids what they may not have been able to do for their own kids. Today there are more opportunities around for grandparents to offer to their grandkids.

Grandparenting is a very special relationship for all of us. Sometimes grandparents end up being the 'parents'. This can be tiring and grandparents should say when they feel it's getting too hard or they need a break.

Things that grandparents can do

It is normal for grandparents to want the best for their kids and grandkids.

You might think differently and have done things differently.

You might not like the ways they are bringing up the kids. If you think or do things differently than your adult children, then talk to them about it, bring up your ideas and then listen to theirs! You may have to sit back and watch them act on theirs in the end... and that's okay as long as you know your grandkids are safe.

- Ask your adult kids what kind of help you can give them.
- Be there to support them when they need you.
- Tell the stories of long time ago, that tells us where we come from.
- Give encouragement when you know they are doing a good job.
- Keep regular contact with your grandkids.
- Praise your grandkids and tell them you love them for who they are.

Grandparenting is a valuable time for the bonding of love and understanding between the generations.