



ACT
Government
Community Services

*Parent***Link**



now every parent can be well connected

parentlink

promoting positive parenting
through education & information

Our website is the fastest way to access:

- parent guides, including online order form
- a directory of local parenting services
- upcoming community events and parenting courses
- further readings in relation to the parent guides
- links to other useful websites.

www.parentlink.act.gov.au 

about ParentLink

ParentLink promotes the value of parents and the important role of parenting. It acknowledges and respects the diversity of family and cultural patterns with recognition that there is no one right way of parenting.

Parenting is often shared by grandparents, relatives, friends and those who care for children. To shape and influence a child's life is one of the most important things one can do.

ParentLink aims to provide information based on the latest research and promote the importance of effective parenting practices.

ParentLink works in partnership with the community, other government departments and the business sector. ParentLink is an ACT Government initiative which promotes positive parenting through education and the provision of information.

ideas parents can use

Whether caring for babies, pre-schoolers, young children or teenagers—you will find lots of good ideas here in the **free** ParentLink guides available at numerous locations including ACT schools, libraries, baby health centres, ACT Government Shopfronts, and on our website.

The straightforward, real-life guides provide useful information and suggestions on how to manage a wide range of parenting challenges, such as:

- being a parent
- toilet training
- young people and drugs
- tantrums
- discipline
- home alone.
- peer pressure
- sleep

The guides—developed from research in conjunction with appropriate experts—represent a valuable information source for parents, those caring for children, and professionals.

T 13 34 27 (9 am–5 pm, Monday to Friday)

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